

# May Senior Center Gazette 2004

## ACTION ON SENIOR ISSUES

**Special Speaker on  
Monday, May 3, 10 a.m.  
Katie Johnson from the  
National Committee for  
Preservation of  
Social Security & Medicare  
Washington, D.C.**

Ms. Johnson will be speaking about the latest developments in Medicare & Social Security legislation. Her committee is active on the part of all seniors who are affected by Medicare & Social Security changes. Please join us for this special presentation by a national expert.

**Senior Rally in Sacramento  
Wednesday, May 12**

**\$7 includes Riley's Box Lunch  
Bus leaves Fremont at 8:00 a.m.  
Leaves Sacramento at 3:15 p.m.  
Sign up in Senior Center Office**

Spend a day at the Capitol meeting with legislators, discuss issues important to seniors including, opposition to vital healthcare for seniors, transportation, and housing. Join with seniors from all over the state to become better informed and to speak your mind.



## COMMUNITY SERVICES

<b>SENIOR SERVICES.....</b>	<b>574-2050</b>
Coordination of services for homebound seniors	
Companions for Life (Medical Alert Program)	
Local van group trips for shut-ins.....	<b>574-2082</b>
Tri-City Elder Coalition.....	<b>574-2064</b>
<b>LIFE ELDERCARE.....</b>	<b>574-2090</b>
Caregivers Support.....	<b>574-2035</b>
Home Services Registry.....	<b>574-2095</b>
Meals on Wheels.....	<b>574-2092</b>
Friendly Visitor Program.....	<b>574-2097</b>
<b>TRANSPORTATION ASSISTANCE</b>	
AC Transit Information*.....	<b>511</b>
City of Fremont Paratransit Program.....	<b>574-2053</b>
East Bay Paratransit Program.....	<b>1-800-555-8085</b>
<b>HOUSING ASSISTANCE(OFFICE OF NEIGHBORHOODS).....</b>	<b>494-4500</b>
<b>LEGAL ASSISTANCE FOR SENIORS.....</b>	<b>1-800-393-0363</b>
<b>SOCIAL SECURITY.....</b>	<b>1-800-SSA-1213</b>
<b>MEDICARE.....</b>	<b>1-800-952-8627</b>
<b>MEDICARE &amp; INSURANCE COUNSELING(HICAP).....</b>	<b>839-0393</b>
<b>TRI-CITY HEALTH CLINIC.....</b>	<b>713-6685</b>
<b>SENIOR LIBRARY SERVICES.....</b>	<b>745-1499 or 745-1491</b>
<b>SENIOR PEER COUNSELING.....</b>	<b>574-2063</b>
<b>ALZHEIMER ASSOCIATION HOTLINE.....</b>	<b>1-800-660-1993</b>

\*511 is a new toll-free voice activated phone service. Call 511 for information on AC Transit BART, road conditions and trip planning.



**MAY 20, 2004 6:00 -10:00 P.M.  
FREMONT MARRIOTT**

Don't miss the Aging & Family Services Fundraiser, "Meet Me on Broadway" to help support programs for seniors and the Senior Center. Dinner, musical entertainment, silent auction, and a raffle. Invitations are \$100 per person at the Senior Center Office. We are seeking Silent Auction Items - call Janice Anderman 790-6602 if you would like to make a contribution

### Builder's Fund Drive 2004

The Builder's Fund would like to thank everyone who joined & renewed membership, and those Life Members and yearly members who made additional contributions. By thanking you through the Gazette they hope to save postage, using the saved funds for items needed at the Senior Center.

- 13 new Lifetime Members
- 639 renewed members
- \$2205 additional contributions

**May Birthday Party  
Friday, May 14, 1:30 p.m.  
Entertainment by  
Prince of Peace  
Hand Bell Choir**

Everyone can enjoy the lovely music of this talented Hand Bell Choir, even if May is not your birthday month. Cake, ice cream, and coffee will be served in the dining room after the show. Prizes will be awarded in a drawing from the names of seniors present that have birthdays in May. Prizes have been donated by Kathy's Floral Design in the Walnut Plaza, Atria's Retirement Inn, Cookies by Design, Rose's Mortuary, and the Builder's Fund.

### Speakers in May

**Tuesday, May 11, 1:00 pm  
"How to Cure the Tax Migraine",  
Janice Gough, Gough Insurance &  
Financial Services, learn tips on how  
to maximize the income you get.**

**Senior Center will be closed  
for the Memorial Day Holiday  
Monday, May 31, 2004  
Have a happy holiday!**



The City of Fremont does not discriminate on the basis of disability. Reasonable auxiliary aids are provided upon request to persons with disabilities to afford equal opportunity to services, programs, and activities. Inquiries may be forwarded to the Director of the Human Services Department, P.O. Box 5006, Fremont, CA 94537, (510) 574-2051 or (510) 574-2040.